



CLARK STATE COLLEGE - SPRINGFIELD REGIONAL SCHOOL OF NURSING
TECHNICAL STANDARDS OF THE STUDENT NURSE

It is recommended that students who enroll in the Clark State College-Springfield Regional School of Nursing (CSC-SRSN) must be able to perform the technical standards of a student nurse identified below with or without reasonable accommodations. Students who may require accommodations to perform the technical standards are responsible for requesting reasonable accommodations through the College's Office of Accessibility.

- **Vision:** Able to assess a patient's health status using visual inspection and observation to detect changes in physical appearance, contour and colors. Able to accurately read labels on medications, calibration devices such as syringes and manometers, various monitoring devices and written communication.
- **Hearing:** Ability to hear within normal range to elicit and detect pertinent information while communicating with patients and health team. Must be able to detect changes in patient condition through accurate use of such auditory monitoring devices, such as stethoscope and to hear and respond to mechanical alarms.
- **Communication:** Able to communicate both verbally and in writing, using the English language in an understandable manner; to assess and impart information concerning patient status; to effectively complete patient/family teaching; and to interact with the interdisciplinary health care team.
- **Walking/Standing:** Able to endure prolonged periods of walking/standing while in the clinical area. In addition, stairs must be negotiated.
- **Sitting:** Required to be able to sit in class, computer lab, and clinical conferences, and while charting in the clinical area.
- **Lifting/Carrying:** Able to lift and carry medical supplies, medications and charts with an average lifting requirement of 10-15 pounds. Required to transfer, move, and lift patients when performing in the demonstration lab and clinical area. Assistance should be requested when patient lifting or repositioning.
- **Depth Perception:** Ability to recognize that objects have depth, height and width. Must be able to describe observations of wounds, lesions, etc. Effectively assist clients with rehabilitative processes of ambulation, stair climbing and transferring techniques. Necessary for fine task performance when performing invasive procedures and medication preparation and administration by injection technique.
- **Fine Motor Skills:** Able to perform nursing procedures, assist physicians with examinations, handle and control medical equipment, tubing and specimens. Must be able to write clearly on all required reports and records.
- **Tactile Sensations:** Ability to assess conditions internal or external using the fingers and hands to touch. Necessary to feel vibration, pulses, and temperature of skin. Also, able to grasp and easily manipulate equipment when providing patient care.
- **Pushing/Pulling:** Able to position, pull and push in preparing patients for scheduled procedures and in transferring patients and medical equipment. Pushing is required to perform cardiopulmonary resuscitation which requires sufficient physical function of the upper and lower body to effectively complete CPR technique.
- **Bending/Reaching/Twisting:** Ability to reach, stoop, bend, kneel and crouch when bathing patients, making beds, and in setting up and monitoring equipment.
- **Temperament:** Ability to think and adapt to various pressures in times of stress or crisis and in unpredictable situations. Must demonstrate self-control and ability to accept limits and suggestions. Must display sensitivity to patient comfort and privacy and express interest in patient progress while interacting in a caring and professional manner. Emotional stability is needed to maintain a therapeutic relationship with patients, families and health care team members. Therapeutic communication and interaction must be effective to meet the unique needs of various patient populations served.
- **Exposure:** Will be exposed to body fluids, communicable diseases, and unpleasant elements (accidents, injuries, and illness). Will be provided with the knowledge and skills related to own protection and the protection of others.